SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ONTARIO



COURSE OUTLINE

COURSE TITLE: Nursing Practice II – Complex Health Challenges

CODE NO.: NURS2007 SEMESTER:

PROGRAM: Collaborative Bachelor of Science in Nursing

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College).

DATE: Jan. 2008 PREVIOUS OUTLINE DATED: Jan. 2007

APPROVED:

CHAIR, HEALTH PROGRAMS **DATE**

TOTAL CREDITS:

PREREQUISITE(S): NURS 2006

HOURS/WEEK: 3 hours theory per week

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I. COURSE DESCRIPTION:

"Healing. The word sounds so uncomplicated and comfortable, yet defining and understanding this concept is neither. Facilitating true healing is more difficult still, and recognizing it when we see it may be the most subtle work of all." (Quinn, 1997)

This course focuses on peoples' (individual and family) experience with healing, specifically related to a variety of complex health challenges. Using a concept approach, learners will continue to develop their repertoire of skills to promote healing. Assessment, especially pattern recognition, critical decision-making and increased self-directedness will be fostered.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Ends-In-View

Learners will increase their understanding of a variety of concepts that clients and their families experience when facing a complex health challenge. Learners will have opportunities to gain knowledge regarding conducting a holistic assessment and to learn to practice safely through the development of critical decision-making and pattern recognition.

Process

With the help and guidance of a faculty member, learners will explore selected practice situations, and further develop assessment and analytic skills. Case studies, group discussion, and learner experiences will be used. Learners will be encouraged to integrate knowledge from previous and current courses to explore healing, caring and holism when interacting with clients and families experiencing complex health challenges.

III. TOPICS:

NURS: 2007 CLASS SCHEDULE

Winter 2008

WEEK	THEORY
Week 1 -Jan. 7 th	Introduction
Al.	Critical Thinking & Nursing Process
Week 2 -Jan. 14 th	Concept Session #1
	Stress & adaptation; Coping; Hardiness/resilience; Health Related
ct	Quality of Life (QOL)
Week 3 -Jan. 21 st	Diabetes Mellitus: Types 1 and 2
Week 4 –Jan. 28 th	Cardiovascular: Hypertension, CVA
Week 5 -Feb.4 th	Joint Case Study Assignment: Nurs 2007-2094 (35%)
	ASTHMA
Week 6 -Feb. 11 th	MIDTERM TEST
Week 7 -Feb. 18 th	Burns
Week 8	WEEK 8
Feb. 25-Mar.2 nd	Reading Week
Week 9 –Mar. 3 rd	Renal Failure
Week 10 -Mar. 10 th	Concept Session #2
	Loss; Grief; Pain & Suffering
Week 11 -Mar. 17 th	Arthritis & Fractures
Week 12 -Mar. 24 th	Concept Session #3
	Death & Dying; Hope, Altered Emotional States (Anxiety & Depression); and Pain
Week 13 –Mar. 31 st	Cancer (breast): anxiety, depression, palliative pain
	Final exam To Be Announced

IV. REQUIRED RESOURCES, TEXTS, & MATERIALS:

- Ackley, B.J., & Ladwig, G.B. (2006). *Nursing diagnosis handbook: A guide to planning care* (7th ed.). St. Louis, Mo: Mosby.
- Karch, A. (2007). 2007 Lippincott's nursing drug guide Canadian version. Philadelphia: Lippincott.
- Lehne, R.A. (2007). *Pharmacology for nursing care*. (6th ed.). St. Louis, MO: Saunders.
- Lewis, S.M., Heitkemper, M. & Dirksen, S. (2006). *Medical surgical nursing in Canada: Assessment and management of clinical problems* (S. Goldsworthy, M. Barry, Eds) (1st Canadian ed) (6th ed.). Toronto, ON: Mosby.
- McCance, K.L. and Heuther, S.E. (2002). *Pathophysiology: the biological basis for disease in adults and children* (4th ed.). St. Louis: Mosby.

You will need access to a mental health nursing textbook (Library) – the text that will be used in Year 3 is:

Stuart, G. & Laraia, M.T. (2005). *Principles and practice of psychiatric nursing* (8th ed). Toronto: Mosby.

Selected readings (on reserve) and articles in the library - refer to learning activities. You will need to seek out additional library resources such as journals, and internet sources such as Proquest, and the Cochrane Library pertinent to weekly case studies.

Recommended Resources

Pagana, K. K., & Pagana, T. J. (2006). *Mosby's manual of diagnostic and laboratory tests* (3rd ed.). St. Louis, MO: Mosby.

Wilkinson, J.M. (2001). Nursing process and critical thinking. New Jersey: Prentice-Hall.

Jarvis, C. (2004). Physical examination & health assessment (4th ed). St. Louis: Saunders.

V. <u>ATTENDANCE POLICY</u>

Punctual and regular attendance at the various academic exercises is required of all students. If there are extenuating circumstances bearing upon a student's absence, the professor should be notified. Absences in excess of 20% may jeopardize receipt of credit for the course.

Attendance at scheduled tests, quizzes, presentations, examinations, etc. is mandatory.

GUIDELINES FOR WRITTEN ASSIGNMENTS

Please refer to your Student Manual on policies regarding assignments. Guidelines regarding the marking of assignments will be followed for each assignment. All written assignments must use APA format. Two copies are required for submission of all formal papers. A second copy should be emailed to the course professor by the due date. All assignments are due at the beginning of class unless otherwise directed. Late assignments without an extension request ahead of time (prior to the beginning of class) will be given a zero grade.

Late assignments without an extension request ahead of time (prior to the beginning of class) will be given a zero grade. To receive approval for late assignments you must present all your work up to the point of the due date.

THE NORTH EASTERN ONTARIO COLLABORATIVE NURSING PROGRAM STUDENT MANUAL IS TO BE CONSULTED FOR GUIDANCE AND IS CONSIDERED PART OF THIS COURSE OUTLINE.

VI. GRADING SYSTEMS

The following semester grades will be assigned to students in postsecondary courses:

		Grade Point
<u>Grade</u>	<u>Definition</u>	Equivalent
A+	90 - 100%	4.00
A	80 - 89%	3.75
В	70 - 79%	3.00
C	60 - 69%	2.00
D	50 - 59%	1.00
F (Fail)	49% and below	0.00
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical	
	placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical	
	placement or non-graded subject area.	

X A temporary grade limited to situations with

extenuating circumstances giving a student additional time to complete the requirements

for a course.

NR Grade not reported to Registrar's office.
W Student has withdrawn from the course

without academic penalty.

NOTE:

For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

All NURS courses require 60% for a passing grade.

All <u>science courses</u>, including BIOL2105, BIOL2111, CHMI2220 and <u>elective</u> <u>courses</u> require 50% for a passing grade.

VII. SPECIAL NOTES:

Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your instructor and/or the Special Needs office. Visit Room E1101 or call Extension 2703 so that support services can be arranged for you.

Retention of course outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other postsecondary institutions.

Communication:

The College considers **WebCT/LMS** as the primary channel of communication for each course. Regularly checking this software platform is critical as it will keep you directly connected with faculty and current course information. Success in this course may be directly related to your willingness to take advantage of the **Learning Management System** communication tool.

PLAGIARISM:

Students should refer to the definition of "academic dishonesty" in Student Rights and Responsibilities. Students who engage in "academic dishonesty" will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

COURSE OUTLINE AMENDMENTS:

The Professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

VIII. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advanced credit in the course should consult the professor. Credit for prior learning will be given upon successful completion of a challenge exam or portfolio.

IX. DIRECT CREDIT TRANSFERS:

Students who wish to apply for direct credit transfer (advanced standing) should obtain a direct credit transfer form from the Chair's secretary. Students will be required to provide a transcript and course outline related to the course in question.